

Have Fun, Stay Active, Be Healthy

Alternative Activities for Spring Break

Whether you like sports, theatre, chess, or art - be active over the Spring Break. The list below offers a variety of ideas that will take all summer to do, so just pick a few and have some fun.

Theaters

Regal Cinemas

www.regalcinemas.com

Comedy Shows

ComedySportz Arena

1963 NW Kearney St

Portland, OR 97209

503.236.8888

www.portlandcomedy.com

Sports

Portland Tennis Center

324 NE 12th Ave

Portland, Oregon 97232

503-823-3189

Amenities: Includes paths – paved, picnic tables, tennis court, and tennis court – indoor.

www.pdx10s.com

St. Johns Racquet Center

7519 N. Burlington

Portland, Oregon

(503) 823-3629

Amenities: Includes tennis court – indoor, and weight room

www.pdx10s.com

Eastmoreland Golf Course

2425 SE Bybee Blvd

Portland, OR 97202

503-775-2900

www.eastmorelandgolfcourse.com

Heron Lakes Golf Club

3500 N. Victory Blvd.

Portland, OR 97217

(503) 289-1818

www.heronlakesgolf.com

RedTail Golf Course

8200 SW Scholls Ferry Rd

Beaverton OR 97008

503-646-5166
www.golfredtail.com

Rose City Golf Course
2200 NE 71st Ave
Portland, OR 97213
503-253-4744
www.portlandonline.com/parks

Portland Rock Gym
21 NE 12th Ave
Portland, OR 97232
503-232-8310
www.portlandrockgym.com

Malibu Grand Prix
9405 SW Cascade Ave
Beaverton, OR 97008
503-641-8122
www.maliburaceway.com

Portland Ultrazone Laser Tag
16074 SE Mcloughlin Blvd # 10
Portland, OR 97267
(503) 652-1122
www.ultrazoneportland.com

Laserport Laser Tag Arena
6540 SW Fallbrook Place
Beaverton, OR 97008
(503) 526-9501
www.laserportofbeaverton.com

Oregon Paintball
40 NW 2nd Street
Gresham, OR 97030
503-666-7930
www.oregonpaintball.com

Portland Paintball
631 NE Grand Ave
Portland, OR 97232
503-233-1105
www.portlandpaintball.us

Lloyd Center Ice Rink
935 Lloyd Center
Portland, Or 97232
503-288-6073
www.lloydcenterice.com

Valley Ice Arena
9250 SW Beaverton-Hillsdale Hwy.

Beaverton, Oregon 97005
503-297-2521
www.valleyicearena.com

Boys & Girls Clubs of Portland Metropolitan Area
William C. Fry Service Center
7119 SE Milwaukie Ave.
Portland, OR 97202
503.232.0077
www.bgcportland.org

Blazers Boys and Girls Club
5250 NE Martin Luther King Jr. Blvd.
Portland OR 97211
503.282.8480
www.bgcportland.org

Camp Fire USA – Spring Break Day Camp
Sunnyside Environmental School
3421 SE Salmon St.
Portland, Oregon 97214
503.224.7800 X 155
www.portlandcampfire.org

Museums

OMSI
Oregon Museum of Science and Industry
1945 SE Water Avenue
Portland, OR 97214-3354
503.797.4000
www.oms.edu

Pittock Mansion
3229 NW Pittock Drive
Portland, OR 97210
Amenities: Includes gift shop, historical site, museum, party room – reservable, paths – paved, picnic tables, statue or public art, tours – guided, trails – hiking, visitor attraction, and vista point.
503-823-3623
www.pittockmansion.org.

Museum of Contemporary Craft
724 Northwest Davis Street
Portland, Oregon 97209
503.223.2654
www.museumofcontemporarycraft.org

Oregon Jewish Museum
310 NW Davis St
Portland, OR 97209-3925
(503) 226-3600

www.ojm.org

End of the Oregon Trail Interpretive Center
1726 Washington St. Oregon City
503-657-9336
www.endoftheoregontrail.org

Portland Art Museum
1219 SW Park Avenue
Portland, Oregon 97205.
503.226.2811
www.portlandartmuseum.org

World Forestry Center
4033 SW Canyon Rd.
Portland, Oregon 97221
503-228-1367
www.worldforestry.org

Oregon Maritime Center and Museum
Sea wall at the foot of Pine street.
503-224-7724
www.oregonmaritimemuseum.org

Music/Arts

Community Music Center
3350 SE Francis St
Portland, OR 97202
503-823-3177
www.portlandonline.com/parks

Laurelhurst Dance Studio
3756 SE Oak St
Amenities: Includes community center
503-823-4101
www.portlandonline.com/parks

3D Center of Art & Photography
1928 NW Lovejoy St.
Portland, Oregon 97209
503.227.6667
www.3dcenter.us

Oregon Symphony
Arlene Schnitzer Concert Hall
SW Broadway & Main
Portland, OR 97205
503-228-1353
www.orsymphony.org

Portland Baroque Orchestra
Kaul Auditorium

Reed College
3203 SE Woodstock
Portland, OR 97202
503-222-6000
www.pbo.org

Portland Institute for Contemporary Art
224 NW 13th Ave, Suite 305
Portland, Oregon 97209
503.242.1419
www.pica.org

Portland Opera
211 SE Caruthers St
Portland, OR 97214
503-241-1407
www.portlandopera.org

Children's Theater
600 SW 10th, Suite 313
Portland, Or 97205
503-228-9571
www.octc.org

Northwest Children's Theater
1819 NW Everett St.
Portland, OR 97209
Tickets: 503-222-4480
www.nwcts.org

Scrap Action
2915 NE MLK Blvd. (MLK & Stanton)
Portland, OR 97212
503-294-0769
<http://www.scrapaction.org/wrkshps.html>

Powell's City of Books
1005 W Burnside
Portland, OR 97209
503-228-4651
<http://www.powells.com/info/places/burnsideinfo.html>

BodyVox Show
1300 NW Northrup
503-229-0627
www.bodyvox.com

Outdoors

Hit the Dirt! Teen Gardening
Hit the Dirt! SOUTHEAST
Tuesdays, 3:30-5:30 PM
Lents Community Garden
SE 88 & Steele
503-823-1617

www.portlandparks.org

Hit the Dirt! NORTH/NORTHEAST
Wednesdays, 3:30-5:30 PM
Woodlawn Community Garden
7200 NE 11 Ave
503-823-1617
www.portlandparks.org

OREGON ZOO

4001 SW Canyon Rd.
Portland, OR 97221
503-226-1561
Internal site: www.oregonzoo.org
Spring Break activities page: www.oregonzoo.org/Events/springbreak.htm

Powell Butte Nature Park
16160 SE Powell Blvd
Amenities: natural area, trails – biking, trails – equestrian, trails – hiking, and vista point.
www.portlandonline.com/parks

Springwater Corridor
SE Ivon St to Boring, OR
Amenities: natural area, paths – paved, picnic tables, trails – biking, trails – equestrian, trails – hiking, and vista point.
www.portlandonline.com/parks

Forest Park
NW 29th Ave & Upshur St to Newberry Rd
Amenities: natural area, tours – guided, trails – biking, trails – equestrian, trails – hiking, visitor attraction, and vista point.
www.portlandonline.com/parks

Portland Saturday Market
Old Town at SW Ankeny + Naito Parkway
Portland, OR
503.222.6072
www.portlandsaturdaymarket.com

Portland Farmers Market
South Park Blocks
S.W. Harrison and Montgomery
Portland, OR
503-241-0032
www.portlandfarmersmarket.org

Tryon Creek State Park
11321 SW Terwilliger Blvd
Portland OR 97219

503.636.4398
www.tryonfriends.org

Oak Amusement Park
7805 SE Oaks Park Way
Portland, Or 97202
503-233-5777
www.oakspark.com

Portland Walking Tours
701 SW 6th Ave.
Portland, OR 97204
503-774-4522
www.portlandwalkingtours.com

Portland Water Fountains

McCoy Fountain Corner of N. Trenton Street and N. Newman Avenue

Holladay Park Fountain at Holladay Park at NE 11th and Multnomah

The Rose Petal at 106th and SE Stark

Skidmore Fountain between SW Burnside and Ankeny, 1st and Front

Elk Fountain on SW Main between 3rd and 4th and the Plaza Blocks

Salmon Street Springs at SW Salmon in Waterfront Park

The Dreamer in Pettygrove Park, SW Third between Market and Harrison

Ira Keller's Civic Theatre Forecourt Fountain between SW 3rd and 4th, and Market and Clay

Lovejoy Fountain between 3rd and 4th on SW Hall

Chimney Fountain - North of SW Lincoln between 3rd and 4th

Untitled Fountain popularly known as "The Car Wash" at SW 5th and Ankeny

Untitled Fountain popularly known as the Kelly Fountain on SW 6th and Pine

Commonwealth Fountain SW 6th and Stark

O'Bryant Square Fountain at SW Park and Stark

Jamison Square Fountain between NW Kearney and Johnson and 10th and 11th Avenues
<http://www.portlandonline.com/WATER/index.cfm?c=42348>

Japanese Gardens
611 SW Kingston Ave
Portland, OR 97205
(503) 223-1321
www.japanesegarden.com

SKATE PARKS

For a list of all Oregon Skate Parks visit:

www.skateoregon.com

Gresham

322 NE 194th Ave.

Burnside

Underneath the east side of the Burnside Bridge

Pier Park

N Hudson Street & Bruce Avenue

Holly Farm

SW Capitol Hwy & Comus Street

Glenhaven

NE 82nd Avenue and Siskiyou Street

Complete Skate

1631 NE Broadway #448

PORTLAND, OR 97232

(503) 267-6071

www.completeskate.org

Asian Family Center Asian Pacific Islander

Social Support Services for

Academic Success

4424 NE Glisan St.

Portland, OR 97213

503-235-9396

www.irco.org

SWIMMING

East Portland Community Center & Pool

740 SE 106th Ave

Amenities: Includes basketball court – indoor, community center, fitness room, gymnasium, weight room.

503-823-3450

www.portlandonline.com/parks

Matt Dishman Community Center & Pool

77 NE Knott St

Amenities: Includes basketball court – indoor, community center, fitness room, gymnasium, statue or public art, swimming pool – indoor, and weight room.

503-823-3673

www.portlandonline.com/parks

Montavilla Community Center & Pool

8219 NE Glisan St

Amenities: Includes basketball court – indoor, community center, gymnasium, and swimming pool – outdoor.

503-823-4101

www.portlandonline.com/parks

Mt Scott Community Center & Pool

5530 SE 72nd Ave

Amenities: Includes basketball court – indoor, community center, fitness room, gymnasium, roller skating, stage – indoor, swimming pool – indoor, and weight room.
503-823-3183

www.portlandonline.com/parks

Peninsula Park Community Center & Pool
700 N Rosa Parks Way

Amenities: Includes basketball court – indoor, community center, gymnasium, and swimming pool – outdoor.

503-823-3620

www.portlandonline.com/parks

Southwest Community Center & Pool
6820 SW 45th Ave

Amenities: Includes basketball court – indoor, community center, fitness room, gymnasium, swimming pool – indoor, and weight room.

503-823-2840

www.portlandonline.com/parks

North Clackamas Aquatic Park
7300 SE Harmony Road

Milwaukie, OR 97222

503-557-SURF! (7873)

www.clackamas.us/ncprd/aquatic

Indoors

Fulton Park Community Center
68 SW Miles St

Amenities: Includes basketball court – indoor, community center, gymnasium

503-823-3180

www.portlandonline.com/parks

Hillside Community Center
653 NW Culpepper Terr

Amenities: Includes basketball court – indoor, community center,
503-823-3181

www.portlandonline.com/parks

Multnomah Arts Center
7688 SW Capitol Hwy

503-823-2787

www.portlandonline.com/parks

Sellwood Community Center
1436 SE Spokane St

Amenities: Includes basketball court – indoor, community center, gymnasium, picnic tables, playground.

503-823-3195

www.portlandonline.com/parks

St Johns Community Center
8427 N Central St

Amenities: Includes basketball court – indoor, community center, gymnasium.

503-823-3192

www.portlandonline.com/parks

University Park Community Center
9009 N Foss Ave

Amenities: Includes basketball court – indoor, community center, fitness room, gymnasium, statue or public art, and weight room.

503-823-3631

www.portlandonline.com/parks

Woodstock Community Center

5905 SE 43rd Ave

Amenities: Includes community center

503-823-3633

www.portlandonline.com/parks

Police Activities League

424 NE 172nd Avenue

Portland, Oregon

Amenities: Activities, sports, field trips and more.

503-823-0250

www.palkids.org

Young Chef's Academy

19283 SW Martinazzi Avenue

Tualatin, OR 97062

503.691.CHEF

http://www.youngchefsacademy.com/stores/store_page.php?franchise_id=171

Big Brother Big Sister

1827 NE 44th Ave., Suite 100

Portland, Or 97213

503-249-4859

www.bbbsnorthwest.org

Focus on Youth Photography

1028 SE Water Avenue

Portland Oregon 97214

503-341-6878

www.focusonyouth.org

Oregon Mentors

1221 SW Yamhill St. Suite 260

Portland, OR 97205

(503) 517-8990 phone

info@oregonmentors.org

P:EAR (Project: Education, Art, and Recreation)

338 NW 6th Avenue

Portland, OR 97209

503.228.6677

www.pearmentor.org

Saturday Academy Classes and Workshops
830 SW 10th Ave, Suite 200
Portland, Or 97205
503-200-5858
Spring Break Camps
www.saturdayacademy.org

Self Enhancement INC
SEI Students Only
3920 N. Kerby Ave.
Portland, Or 97227
www.selfenhancement.org

Oregon Humane Society
1067 NE Columbia Blvd.
Portland, Or 97211
503-416-5034
www.oregonhumane.org

Friendly House Community Center
1737 NW 26th Ave.
Portland, Or 97210
503-228-4391
www.friendlyhouseinc.org

Social Activities:

With a little planning, fun events can take place at home or in your neighborhood with your friends. Here are some ideas for quick and simple ideas for fun at home, in your neighborhood, or around town.

Hold a theme party

- Mystery party
- TV series party
- Hawaiian party
- Black and white party

Plan a BBQ

- Plan the menu
- Shop for groceries
- Invite guests

- Plan a roving lunch or dinner party with a group of friends with one entrée served at each friend's house.
- Play improvisational games and rotate from friends house to house
- Board and Card games and Board Game Get-togethers - Monopoly, Pictionary, Magic, Cranium, Twister

- Hold a Bonfire
- Plan a Campout
- Organize a sporting event at your school fields, meet your friends for a pick-up flag football game, soccer game, softball game, or even a wall ball tournament
- Have a picnic in your local park
- Plan a Back Yard Movie Night with a Sheet for the Screen
- Go Fountain Hopping Downtown
- Go to the TOP DECK at the Portland International Airport to watch the planes depart and land.
- Spend a day reading in the Powell's downtown bookstore.
- Attend a book reading at your local library or the Multnomah County Library
- Organize a chess, checker, or ping pong tournament at your house with friends.
- Pick a local park and plan a 2,3, or 4 mile hike. Take a picnic lunch along.

Meet with your friends and review this list. Pick one activity you have never done before and go do it!